



Release Emotional Blocks & Energy Imbalances

Choose 3-4 items you'd MOST love to work on improving

- | | | |
|--|---|--|
| <input type="checkbox"/> Money/income blocks | <input type="checkbox"/> Unworthiness | <input type="checkbox"/> Limiting beliefs: success |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Unmotivated | <input type="checkbox"/> Grief or Sadness |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Holding on to past | <input type="checkbox"/> Disconnected to others |
| <input type="checkbox"/> Emotional baggage | <input type="checkbox"/> Specific health issues | <input type="checkbox"/> Always angry |
| <input type="checkbox"/> Chronic pain | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Indecisiveness |
| <input type="checkbox"/> Low self worth | <input type="checkbox"/> Disconnected to self | <input type="checkbox"/> Limiting beliefs: Love |
| <input type="checkbox"/> Creative blocks | <input type="checkbox"/> Back issues | <input type="checkbox"/> Procrastination |
| <input type="checkbox"/> Fear | <input type="checkbox"/> Unable to move forward | <input type="checkbox"/> Procrastination |
| <input type="checkbox"/> Stress & worry | <input type="checkbox"/> Stuck in business | <input type="checkbox"/> 'Over' emotional |
| <input type="checkbox"/> Blocks to love | <input type="checkbox"/> Heart feels closed | <input type="checkbox"/> Negative self talk |

Something else you'd like to work on not listed?

Bring this list to your session!

"Effective & gentle energy healing for shifting the stuck energy impacting your mind, body and life!"

Virtual Healing Sessions
Available Worldwide.



In-Person Sessions Available
In Victoria, Canada